***‘Time to Pause’***

**Parcevall Hall Retreat**

**Appletreewick**

**Skipton**

**North Yorkshire**

**BD23 6DG**

**Monday 20th March (starting at 4pm) – Wednesday 22nd March, 2023 (finishing at 3pm)**

**Application Form**

**Name:**

**Address:**

**Email:**

**Mobile number:**

**Dietary requirements (Parcevall Hall kitchens are not nut free):**

**Please say a little about what you are hoping to get from the ‘Time to Pause’ Parcevall Hall retreat:**

**I (Cathy) will be in touch by phone before the retreat to introduce myself and welcome you onto the retreat. Let me know when would be the best time for me to call you:**

|  |
| --- |
| **Fee:** |
| The fees are £310 (including VAT), which includes: the retreat experience, the retreat journal, all meals, refreshments and accommodation in Parcevall Hall on the two nights of Monday 20th and Tuesday 21st March, 2023. To secure your booking a £100 deposit is required at the time of booking. Full payment is required a month before the retreat. Cancellation charges: less than six weeks before arrival - 100%. If you would like to stay at Parcevall Hall for additional days around the retreat, then please contact Parcevall Hall to confirm availability and arrange booking on: admin@parcevallhall.org.uk or 01756 720213. |
| **Signed:** |

Please email this application form to Cathy Brown at: cathybrown@evolve.eu.com

If you have any questions, then please contact Cathy on [07788](https://www.google.com/search?q=rydal+hall+contact+number&oq=rydal+hall+phone+&aqs=chrome.2.69i57j0i22i30l2.5114j0j9&sourceid=chrome&ie=UTF-8) 190273

**Thank you**

**Cathy**